

Draft performance indicators – Areas for consideration

Southend Health and Wellbeing Strategy refresh Broad Impact Goals 2015-2016

A) Increased Physical Activity (prevention)
1. Development of a Physical Activity Strategy and Implementation Action Plan/Steering Group
2. Percentage of adults achieving at least 150mins of physical activity per week
3. Cycling and Walking Counts
B) Increased Aspiration and Opportunity (addressing inequality)
1. Number of children who have participated in extracurricular vocational skills mentoring initiatives
2. Number of Southend residents with a learning disability who receive a long term social service and are in paid employment
3. Uptake of business start-up support courses by residents who live in deprived wards
4. School attendance figures
5. Number of Southend residents in apprenticeships
6. Residents who are 16-18 years who are not participating in education, employment or training (NEET)
7. Those NEET in the 30% most deprived areas in Southend
8. Residents who are 19-24 years who have claimed Job Seekers Allowance (JSA) for six months or more
C) Increased Personal Responsibility and Participation (sustainability)
1. Number of people having health checks
2. Number of people progressing through the scale of the Patient Activation Measures programme (PAM) <i>(An initiative which identifies the ability and motivation for positive lifestyle change of those with long term conditions and provides interventional support accordingly)</i>
3. Smoking cessation: Number of 'Four week quitters'